

TITLE IT

- Still Smitten
- In a Heartbeat
- Lessons Learned
- 28 Delightful Days
- Kiss Me, You Fool!
- Sunshine & Shadows
- No Mountain Too High

JOURNAL IT

- List the things you love about someone. Focus on the silly things rather than the obvious.
- If you give up something for Lent, explain the reasons for your choice and document your efforts.
- Have your child share with you something he or she admires about a historical figure.

QUOTE IT

- "Wherever you go, no matter what the weather, always bring your own sunshine."
—Anthony J. D'Angelo **ck**

"If there is
no struggle,
there is
no progress."

—FREDERICK DOUGLASS

"Love is a promise,
Love is a souvenir,
Once given,
never forgotten,
Never let it
disappear."

—John Lennon

"HAPPINESS LIES IN THE
JOY OF ACHIEVEMENT
AND THE THRILL OF
CREATIVE EFFORT."

—Franklin D. Roosevelt

"Anyone can be *passionate,*
but it takes real lovers to be *silly.*"

—Rose Franken