

# *Worksheet*

## ALWAYS LEARNING

1. Out of all the lessons life has handed you, which one has been the most memorable? Why?

.....  
.....  
.....  
.....

2. What did you learn from this experience?

.....  
.....  
.....  
.....

3. How did it change your life?

.....  
.....  
.....  
.....

4. How was this experience challenging or difficult for you?

.....  
.....  
.....  
.....

5. What characteristic about yourself did you discover?

.....  
.....  
.....  
.....